

JOSH HEUPEL'S
THE 14 FOUNDATION
PRESENTING

THIRD ANNUAL
PIT CAMP
PERFORMANCE IMPROVEMENT TRAINING

**FOOTBALL
ACADEMICS**
JULY 12 - 14

8:00AM - 3:30PM

AGES 10 - 16

OPEN TO TULSA REGION

HOSTED BY
**SAND SPRINGS
HIGH SCHOOL**

MEMORIAL FOOTBALL STADIUM
600 N. ADAMS ROAD SAND SPRINGS, OK

2010

**OPEN TO
BOYS & GIRLS**

CAMP INFORMATION

AGES: 10 - 16

DATE/TIME: July 12 - 14, 2010 - 8:00am - 3:30pm

COST: Free*

*Must meet Federal Guidelines for Free and Reduced Lunch.

CAMP FEATURES:

- ▶ Camp instruction
- ▶ Guest speakers
- ▶ Lunch provided daily
- ▶ Camp t-shirt
- ▶ Drinks

CHECK IN: Monday, July 12, 2010 - 7:00-7:45am

Athletes should come wearing t-shirt, athletic shorts, socks, tennis shoes or cleats & be ready to workout.

CHECK OUT: Wednesday, July 14, 2010 - 3:30pm*

*Immediately following player/coach autograph session

EACH CAMPER WILL HAVE A CHANCE TO GET AUTOGRAPHS & ITEMS SIGNED AT THE END OF CAMP. WE ASK THAT AUTOGRAPHS ARE NOT REQUESTED DURING CAMP FROM PLAYERS & COACHES!

CONTACT INFORMATION:

Delbo Leach - Office: 918.246.1409 Cell: 405.929.0436 OR

Lori Kerns - Office: 918.246.1418 Cell: 918.740.7920

CAMP HIGHLIGHTS

The PERFORMANCE IMPROVEMENT TRAINING (PIT) CAMP experience is beyond just athletic skill enhancement, it provides one-on-one mentoring and coaching in athletics, health, fitness, life choices and the four principles of leadership: discipline, respect, trust and hard work. Character, responsibility, goal setting, dedication, hard work & integrity are themes throughout the camp and serve to motivate each camp member to reach their full potential on and off the field.

Each camp participant is taught and supervised by the DAY OF CHAMPIONS staff, made up of some of the top Division I-II-III & NAIA collegiate coaches in the country along with past OU football players and past & current professional players & coaches.

On the last day, camp participants will improve their performance levels both physically and mentally with elite performance coaches and educators as they inspire each camp member to achieve their potential.

APPLICATION

REGISTRATION INFORMATION

Parent / Guardian

Camp Participant

Address

City

State

Zip

Phone Number

Cell Work Home (circle one)

Camp Participant Date of Birth

Age

School To Attend Fall of 2010

Grade Fall of 2010

Offensive Position(s)

Defensive Position(s)

Adult Shirt Size

SM

M

L

XL

In consideration for participation in this program, camp and/or workout program, I, for myself, my minor child(ren) and our respective heirs, executors, administrators, representatives, agents and assignees, do hereby forever release and discharge any and all claims, actions, demands, suits and any other rights to recovery, known or unknown for any and all damages, loss or injury that may occur, whether to person or property, as a result of any act or omission, including default or negligence, of DAY OF CHAMPIONS CAMP OR SAND SPRINGS PUBLIC SCHOOLS and any and all participating sponsors, their members, officers, agents, representatives or employees. I attest and verify that I have full knowledge of the risk involved with this camp and workout program. Furthermore, I hereby release any and all rights to any photographic material DAY OF CHAMPIONS may wish to release for its event, without obligation whatsoever to me.

Signature of Parent / Guardian

Date

Return completed application by June 1, 2010 to:

Your School Counselor

OR

Fax to 918.246.1401